

Army Welfare Service 9 REGT RLC, HULLAVINGTON. TIMETABLE OF REGULAR ACTIVITES AUTUMN/WINTER 2014/15

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	HEALTH VISITOR DROP IN CLINIC & MEET AND GREET AT BUCKLEY BARRACKS COMMUNITY CENTRE 1000-1200HRS No charge for HV Clinic, £1 per family if staying for Meet and Greet FIRST MONDAY OF THE MONTH - 3 rd NOV, 1 st DEC, 5 th JAN, 2 nd FEB.	<u></u> }0	MESSY MONKEYS GROUP FOR PARENTS/CARERS AND UNDER 5's WEEKLY AT WELLY HOUSE 'DROP IN' (AT THE EDGE OF WELLINGTON PLACE ESTATE) 1000-1200HRS £1 per family	COFFEE MORNING & PLAY SESSION WEEKLY AT BUCKLEY BARRACKS COMMUNITY CENTRE 1000-1200HRS £1 per family	ACC
AFTERNOON				OPEN BLUE TODDLER & YOUTH CLUB TERM TIME ONLY & FREE AT WELLY HOUSE 'DROP IN' PRE SCHOOL GROUP 1345- 1500HRS AFTER SCHOOL YOUTH CLUB 1500-1700HRS	BUW G
EVENING					

HEALTH VISITOR DROP IN CLINIC & MEET AND GREET

Open to all for a chance to socialise, meet new people and access information. Health Visitors provide a baby weighing service and advice. The Children's Centre Worker, Community Development Worker and the Welfare staff are available to provide advice and information on a range of subjects including local events and welfare issues. Lots of toys for children to play with which develop social skills and imagination.

MESSY MONEKYS

Open to parents/carers and their under 5's. Primary school aged siblings are welcome during school holidays. This session provides messy play opportunities which encourage self-expression, imagination and develop fine motor skills and coordination. Playing with the toys also develops social skills by practising negotiation skills, turn taking and sharing. Hot drinks available for adults and a squash and healthy snack provided for children.

COFFEE MORNING AND PLAY SESSION

Open to all for a chance to socialise, meet new people and access information from the Community Development Worker and Welfare staff. Lots of toys for children to play with which develop social skills and imagination.

OPEN BLUE CLUB

This toddler group and youth club run by Open Blue Charity provides parents with pre-school children the opportunity to play and meet with staff from the local Children's Centre and Open Blue staff. Primary aged children are able to use the computers, take part in arts and crafts and cooking at the after school club.



FOR MORE INFORMATION
ON ANY OF THE ABOVE ACTIVITIES,
FOR HELP WITH DEPENDENTS
PASSESS OR DIRECTIONS TO VENUES
PLEASE CONTACT KATH BROWNLEE,
COMMUNITY DEVELOPMENT WORKER
ON:

07810771628 or

AWS-43X-Hullavington-CDW

<u>Or</u>

katherine.brownlee100@mod.uk

WE ALSO WARMLY WELCOME CONTACT FROM PEOPLE WHO WOULD LIKE TO VOLUTNEER WITH US AND WHO HAVE IDEAS FOR FUTURE EVENTS.